

HI THERE AND WELCOME TO THE THREE COMPASSES!

Bert & Ernie, Mario & Luigi, Wallace & Gromit, Adam & Eve, Ant & Dec, Ben & Jerry, Bubble & Squeak, Chas & Dave, Laurel & Hardy, Richard & Judy, Gin & Tonic, Winter & Spring. Just like these famous partnerships, we couldn't provide you memorable and enjoyable experiences without our own partners. Our fruit, veg & dairy comes from Chris Sparshott in St Albans, our bread is from Stuart at Flourish Craft Bakers of Watford and Donald Russell, The Queen's Butcher, supplies our meat. The fabulous Patchwork Pâtés provide us with our pâtés & chutneys and our ice creams & sorbets come from the beautiful Callestick Farm in Cornwall. We are proud to call these guys our partners and we trust you'll savour their produce today! Enjoy!

NIBBLES

- (V) OLIVES 3.5
- (V) BREAD, OIL & BALSAMIC 3.5
- (V) FRICKLES 3.5
Deep fried gherkins! Very moreish...
- (V) HUMMUS & PITTA 4
- (V) PADRON PEPPERS 4
w/ tzatziki. Russian Roulette...
Watch out for the hot one!
- (V) RED PEPPER
& HALLOUMI CHIPS 4
w/ sweet chilli sauce

SMALL PLATES

- (V) SOUP OF THE DAY 5.5
w/ granary loaf
- PATCHWORK PÂTÉ 6
Your server will tell you all
about today's Pâté
- CALAMARI 7
w/ fried sliced lemon
& tartare sauce
- SCOTCH EGG 7
Classic sausage meat
w/ Patchwork chutney
- (V) BUBBLE & SQUEAK 6.5
w/ poached egg & hollandaise
sauce *Add bacon 1*
- GARLIC PRAWNS 8
Whole crevettes pan-fried in
garlic & parsley butter
- (V) WEXFORD
MUSHROOMS 7
Field mushrooms w/ blue cheese
filling topped w/ peppercorn
sauce
- BBQ DUCK STICKY BUNS 7
Japanese steamed buns stuffed
w/ duck & hoisin sauce

SHARING BOARDS

- MEDITERRANEAN BOARD 17
w/ continental meats, chorizo in red wine,
hummus & pitta, chargrilled peppers,
falafel & olives
- (V) GARDENER'S BOARD 17
w/ Wexford mushrooms, Padron peppers,
tzatziki, olives, feta, chargrilled peppers,
frickles, hummus & pitta

BUTCHER'S BOARD 18
w/ chilli chicken strips, Cumberland sausages,
classic Scotch egg, frickles, Patchwork chutney
& julienne fries

(V) SHARING CHEESEBOARD 18
w/ rosemary Camembert, Wensleydale,
Stilton, oakwood smoked Cheddar
& Patchwork chutney

FISHERMAN'S BOARD 18
w/ calamari, glazed prawns, scampi,
plaice goujons, julienne fries & tartare sauce

SALADS

- (V) GREEK 10
w/ tzatziki, cucumber, red onion,
olives & feta cheese
- (V) SUPER FOOD SALAD 9
w/ spinach, quinoa, lentils, kale, carrot,
peppers, pomegranate & citrus dressing

HOISIN DUCK 11.5
w/ shredded duck, spring onion, baby
spinach, sesame oil & hoisin sauce

(V) WALDORF 10
w/ Wensleydale cheese, walnuts,
celery, little gem lettuce & mayo

*Add homecooked ham, shredded duck, chicken or chorizo
to any of the salads or lighter plates 3.5*

LIGHTER PLATES

- (V) LEMON RISOTTO 10
w/ goat's cheese & roasted butternut squash
- (V) PUMPKIN TORTELLONI 9
w/ sage butter

(V) LINGUINI 7
w/ tomato, olives & onion
& 'Parmesan' style shavings

GNOCCHI 11
w/ Tuscan game sauce

HOT IRONS

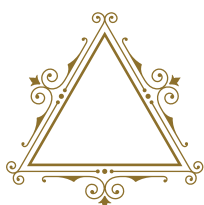
BRITISH BRUNCH 9
w/ Cumberland sausage, bacon, fried egg,
black pudding, baked beans, wild mushroom
& plum tomato

TOAD IN THE HOLE 10
w/ sautéed red onions, Cumberland
sausages baked in batter & real ale gravy

*Each of these fabulous dishes are served
in a hot iron pan... Be careful!*

(V) WELSH RAREBIT
MAC 'N' CHEESE 9
w/ Henderson's relish, breadcrumbs,
English mustard & mature Cheddar

HOMEMADE HAM HASH 10
w/ fried egg skillet





'STACKS'

Our fabulous stacks are served w/ salad garnish, special sauce & fries

ULTIMATE BURGER 18
2 burgers, bacon, cheese, fried egg, frickles, onion rings, lettuce, tomato & burger sauce in a brioche bun

MAC 'N' CHEESE BURGER 16
100% ground steak burger, bacon, mac 'n' cheese patty, lettuce & tomato in a brioche bun

BEEF BURGER 11
Brioche bun w/ 100% ground steak

(V) HALLOUMI & PEPPER 10
Ciabatta slipper w/ sweet chilli sauce

BBQ CHICKEN 13
Brioche bun w/ cheese, bacon & BBQ sauce

FISH FINGER SANDWICH 11
Ciabatta slipper w/ gem lettuce & choice of tartare sauce or ketchup or both!

Add cheese 1 / Add bacon 1

Upgrade to sweet potato fries or fat chips for 1.5

SIDES

Julienne fries | Seasonal salad
Creamy mash | 'Course' slaw
Onion rings | Braised red cabbage
Seasonal greens | Sauté potatoes
Each side 3.5 | Any three for 9

MUST TRY SIDES

Sweet Potato Fries | Fat chips
Mac 'n' cheese bites w/ mustard mayo | Gem wedge caesar side
Each side 4.5 | Any three for 12

LARGER PLATES

SHORT RIB OF BEEF 18
Slow-cooked rib of beef in sticky BBQ sauce w/ 'coarse' slaw & fries

TOMAHAWK OF PORK 16.5
w/ braised red cabbage, potato gratin & masala wine sauce

PAN FRIED PHEASANT BREAST 16
w/ kale/cabbage, mash & red currant jelly gravy

SCAMPI, PEAS & FRIES 14
w/ homemade tartare sauce

LAMB SHOULDER 16
w/ minted gravy, seasonal greens & potato gratin

HAM, EGG & CHIPS 12
Homecooked ham, fat chips, fried egg & peas

PIE OF THE DAY 14
Your server will tell you all about today's pie w/ seasonal greens & mashed potato

FISH & CHIPS 14

Beer battered cod & fat chips w/ mushy peas & tartare sauce



Each time you order a Fish & Chips we make a donation of £1 to Giving Africa

STEAKS

200g SIRLOIN STEAK 20

200g BUTCHER'S STEAK 19
All steaks are served w/ mushroom, plum tomato, fries and your choice of peppercorn sauce, béarnaise sauce or garlic butter

100g STEAK, EGG & CHIPS 15
w/ fat chips, crispy free range egg & peas



CATCH OF THE DAY

Your server will tell you all about today's catch *Priced daily*

DESSERTS

NUTELLA GNOCCHI 6
Nutella filled mini doughnuts w/ vanilla ice cream

CHOCOLATE BROWNIE 6
w/ vanilla ice cream

CRUMBLE OF THE DAY 6
Your server will tell you about today's crumble w/ custard & ice cream

APPLE & BUTTERSCOTCH PUDDING 6
Bramley apples & Kentish cider butterstotch w/ vanilla ice cream

TREACLE TART 6
A British classic w/ vanilla ice cream or crème fraîche

SYRUP SPONGE PUDDING 6
w/ custard

STICKY FIGGY PUDDING 6
A figgy twist on an old English favourite w/ vanilla ice cream or crème fraîche

VANILLA BAKED CHEESECAKE 6
Topped w/ forest fruits

ICE CREAMS & SORBETS FROM CALLESTICK FARM, CORNWALL

Your server will tell you about today's scrumptious Cornish ice cream selection

2 scoops 3.5 | 3 scoops 5

BRITISH CHEESEBOARD 7 per person

Cornish Brie, Wensleydale, Clawson Stilton, Applewood Cheddar, cracker selection, grapes & today's Patchwork chutney



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www.thethreecompassaldenham.co.uk

Allergens: please speak to a member of our team if you would like to know about our ingredients. Our fish may contain bones, our game may contain shot & our nuts definitely contain nuts.

We do not apply any service charge to our bills and all tips go to the team.

HAVE YOU TRIED OUR SISTER PUBS?



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