

HI THERE AND WELCOME TO THE THREE COMPASSES!

Bert & Ernie, Mario & Luigi, Wallace & Gromit, Adam & Eve, Ant & Dec, Ben & Jerry, Bubble & Squeak, Chas & Dave, Laurel & Hardy, Richard & Judy, Gin & Tonic, Winter & Spring. Just like these famous partnerships, we couldn't provide you memorable and enjoyable experiences without our own partners. Our fruit, veg & dairy comes from Chris Sparshott in St Albans, our bread is from Stuart at Flourish Craft Bakers of Watford and Donald Russell, The Queen's Butcher, supplies our meat. The fabulous Patchwork Pâtés provide us with our pâtés & chutneys and our ice creams & sorbets come from the beautiful Callestick Farm in Cornwall. We are proud to call these guys our partners and we trust you'll savour their produce today! Enjoy!

NIBBLES

- (V) OLIVES 3.5
- (V) BREAD, OIL & BALSAMIC 3.5
- (V) FRICKLES 3.5
Deep fried gherkins! Very moreish...
- (V) HUMMUS & PITTA 4
- (V) PADRON PEPPERS 4
w/ tzatziki. Russian Roulette...
Watch out for the hot one!
- (V) RED PEPPER
& HALLOUMI CHIPS 4
w/ sweet chilli sauce

SMALL PLATES

(V) SOUP OF THE DAY 5.5
w/ granary loaf

PATCHWORK PÂTÉ 6
Your server will tell you all
about today's Pâté

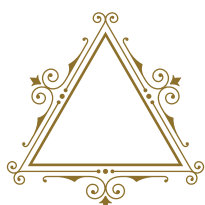
CALAMARI 7
w/ fried sliced lemon
& tartare sauce

GARLIC PRAWNS 8
Whole crevettes pan-fried in
garlic & parsley butter

WEXFORD MUSHROOMS 7
Field mushrooms w/ blue cheese
filling topped w/ peppercorn
sauce



Cheese & Wine go together like
Simon & Garfunkel, Mickey
& Minnie, or Holmes & Watson!
So, from 5pm order a bottle of red
wine and receive a cheese board
completely free; it's elementary really.

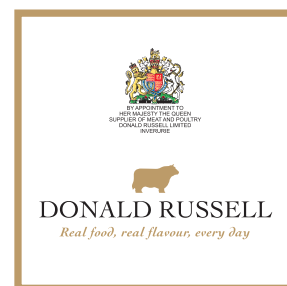


SHARING BOARDS

MEDITERRANEAN BOARD 17
w/ continental meats, chorizo in red wine,
hummus & pitta, chargrilled peppers,
falafel & olives

(V) GARDENER'S BOARD 17
w/ Wexford mushrooms, Padron peppers,
tzatziki, olives, feta, chargrilled peppers,
frickles, hummus & pitta

(V) SHARING CHEESEBOARD 18
w/ rosemary Camembert, Wensleydale,
Stilton, oakwood smoked Cheddar
& Patchwork chutney



*All our meat products are specially selected by Donald Russell,
Aberdeenshire, Royal Warrant holder since 1984
& trusted supplier to H.M. The Queen.*

SALADS & LIGHTER PLATES

(V) GREEK 10
w/ tzatziki, cucumber, red onion,
olives & feta cheese

LEMON RISOTTO 10
w/ goat's cheese & roasted
butternut squash

(V) SUPER FOOD SALAD 9
w/ spinach, quinoa, lentils, kale, carrot,
peppers, pomegranate & citrus dressing

LINGUINI 7
w/ tomato, olives & onion
(V) Served w/ 'Parmesan' style shavings

*Add homecooked ham, shredded duck, chicken
or chorizo to any of the salads or
lighter plates 3.5*

SUNDAYS

*All roasts served w/ seasonal vegetables, roast
potatoes & Yorkshire pudding*

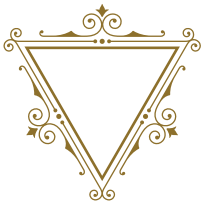
ROAST BEEF 15
Topside of grass fed beef

ROAST CHICKEN SUPREME 14
Free range & corn fed

ROAST LEG OF LAMB 14
Naturally reared & grass fed

(V) NUT ROAST 12
Definitely contains nuts!

SOMETHING ON THE SIDE...
Pigs in blankets | Creamed leeks
Cauliflower cheese
3.5 Each | All three for 9



'STACKS'

Our fabulous stacks are served w/ salad garnish, special sauce & fries

ULTIMATE BURGER 18
2 burgers, bacon, cheese, fried egg, frickles, onion rings, lettuce, tomato & burger sauce in a brioche bun

MAC 'N' CHEESE BURGER 16
100% ground steak burger, bacon, mac 'n' cheese patty, lettuce & tomato in a brioche bun

BEEF BURGER 11
Brioche bun w/ 100% ground steak

(V) HALLOUMI & PEPPER 10
Ciabatta slipper w/ sweet chilli sauce

BBQ CHICKEN 13
Brioche bun w/ cheese, bacon & BBQ sauce

FISH FINGER SANDWICH 11
Ciabatta slipper w/ gem lettuce & choice of tartare sauce or ketchup or both!

Add cheese 1 / Add bacon 1

Upgrade to sweet potato fries or fat chips for 1.5

SIDES

Julienne fries | Seasonal salad
Creamy mash | 'Course' slaw
Onion rings | Braised red cabbage
Seasonal greens | Sauté potatoes
Each side 3.5 | Any three for 9

MUST TRY SIDES

Sweet Potato Fries | Fat chips
Mac 'n' cheese bites w/ mustard mayo | Gem wedge caesar side
Each side 4.5 | Any three for 12

HOT IRONS

HOMEMADE HAM HASH 10
w/ fried egg skillet

(V) WELSH RAREBIT
MAC 'N' CHEESE 9
w/ Henderson's relish, breadcrumbs, English mustard & mature Cheddar

LARGER PLATES

SHORT RIB OF BEEF 18
Slow-cooked rib of beef in sticky BBQ sauce w/ fries & 'coarse' slaw

LAMB SHOULDER 16
w/ minted gravy, seasonal greens & potato gratin

HAM, EGG & CHIPS 12
Homecooked ham, fat chips, fried egg & peas

STEAKS

200g SIRLOIN STEAK 20

200g BUTCHER'S STEAK 19

All steaks are served w/ mushroom, plum tomato, fries and your choice of peppercorn sauce, béarnaise sauce or garlic butter

100g STEAK, EGG & CHIPS 15
w/ fat chips, crispy free range egg & peas

FISH & CHIPS 14
Beer battered cod & fat chips w/ mushy peas & tartare sauce



Each time you order a Fish & Chips we make a donation of £1 to Giving Africa

DESSERTS

NUTELLA GNOCCHI 6
Nutella filled mini doughnuts w/ vanilla ice cream

CHOCOLATE BROWNIE 6
w/ vanilla ice cream

CRUMBLE OF THE DAY 6
Your server will tell you about today's crumble w/ custard & ice cream

APPLE & BUTTERSCOTCH PUDDING 6
Bramley apples & Kentish cider butterstotch w/ vanilla ice cream

TREACLE TART 6
A British classic w/ vanilla ice cream or crème fraîche

SYRUP SPONGE PUDDING 6
w/ custard

STICKY FIGGY PUDDING 6
A figgy twist on an old English favourite w/ vanilla ice cream or crème fraîche

VANILLA BAKED CHEESECAKE 6
Topped w/ forest fruits

ICE CREAMS & SORBETS FROM CALLESTICK FARM, CORNWALL

Your server will tell you about today's scrumptious Cornish ice cream selection

2 scoops 3.5 | 3 scoops 5

BRITISH CHEESEBOARD 7 per person

Cornish Brie, Wensleydale, Clawson Stilton, Applewood Cheddar, cracker selection, grapes & today's Patchwork chutney



Follow us on Facebook for the latest news, promotions & offers www.facebook.com/threecompassesaldenham

www.thethreecompassesaldenham.co.uk

Allergens: please speak to a member of our team if you would like to know about our ingredients. Our fish may contain bones, our game may contain shot & our nuts definitely contain nuts.

We do not apply any service charge to our bills and all tips go to the team.

HAVE YOU TRIED OUR SISTER PUBS?



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