

HI THERE AND WELCOME TO THE THREE COMPASSES!

We have always been passionate about giving you the most aspirational of experiences each and every time you visit us & with Summer in full swing we think you will love our new seasonal menu. Working with some amazing partners, such as Patchwork Pates, Sparshott Fruiterer, Callestick Ice creams & Flourish bakery, who use only the finest ingredients we have created a menu you'll be sure to love. Enjoy!

As well as focusing on quality & taste we have always understood the importance of customer feedback & have introduced a few vegan options to the menu, if you like the look of something that isn't vegan or gluten-free please speak to a member of our team & we will do our utmost to adjust dishes for your dietary requirements.

NIBBLES

- (V) OLIVES 3.5
- (V) BREAD, OIL & BALSAMIC 3.5
- (V) FRICKLES 3.5
Deep fried gherkins!
Very moreish...
- (V) HUMMUS & PITTA 4
- (V) RED PEPPER
& HALLOUMI CHIPS 4.5
w/ sweet chilli sauce

SMALL PLATES

- (V) SOUP OF THE DAY 5.5
w/ granary loaf
- PATCHWORK PÂTÉ 6
Your server will tell you all
about today's Pâté
- SALT & PEPPER SQUID 7
w/ lime mayo
- SCOTCH EGG 7
Classic sausage meat
w/ Patchwork chutney
- SEARED SALMON
CARPACCIO 7
w/ Japanese pickles
- (V) BEER & CHEESE
CROQUETTES 6
w/ tomato & red pepper chutney
- PULLED PORK
STICKY BUNS 7
Japanese steamed buns stuffed
w/ BBQ pulled pork
- CRAYFISH & AVOCADO 7
w/ baby gem lettuce, cucumber
& brown bloomer bread
- (V) RED PEPPER
& HALLOUMI 7
w/ burnt orange & pomegranate
molasses dressing
- (V) FALAFEL SALAD 6
w/ gem lettuce & tzatziki dip

SHARING BOARDS

- MEDITERRANEAN BOARD 17
w/ continental meats, chorizo in red wine,
hummus & pitta, chargrilled peppers,
falafel & olives
- (V) GARDENER'S BOARD 17
w/ red pepper & halloumi, onion rings,
tzatziki, olives, feta, frickles, hummus
& pitta

- BUTCHER'S BOARD 18
w/ buttermilk chicken strips, Cumberland
sausages, classic Scotch egg, frickles, Patchwork
chutney & julienne fries
- (V) SHARING CHEESEBOARD 18
w/ rosemary Camembert, Wensleydale,
Stilton, Applewood smoked Cheddar
& Patchwork chutney
- FISHERMAN'S BOARD 18
w/ salt & pepper squid, crayfish cocktail,
scampi, plaice goujons & julienne fries

SALADS

- GEM WEDGE CAESAR 9
w/ caesar dressing & ciabatta croutons
- (VE) SUPER FOOD SALAD 9
w/ quinoa, puy lentils, asparagus, baby
spinach, carrots, courgettes, peppers
& herbed oil & lemon dressing

- HOISIN DUCK 11.5
w/ shredded duck, spring onion, baby
spinach, sesame oil & hoisin sauce

- (VE) NIÇOISE 9
w/ baby potatoes, plum tomatoes, green beans
little gem lettuce, olives & french dressing

*Add homecooked ham, shredded duck, chicken, chorizo
or falafel to any of the salads or lighter plates 3.5*

LIGHTER PLATES

- (V) GNOCCHI 11
w/ spring greens, garlic & lemon
- (V) SPINACH TORTELLONI 9
w/ parsley butter

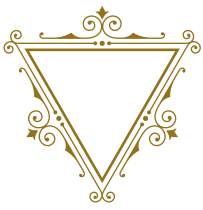
- (VE) PENNE 7
w/ tomato, olives & onion
& 'Parmesan' style shavings
- (V) GREEN BEAN
& ASPARAGUS RISOTTO 10
w/ parsley & 'Parmesan' style shavings

*Each of these fabulous dishes are served
in a hot iron pan... Be careful!*

HOT IRONS

- BRITISH BRUNCH 9
w/ Cumberland sausage, bacon, fried egg,
black pudding, baked beans, field mushroom
& plum tomato
- TOAD IN THE HOLE 10
w/ sautéed red onions, Cumberland
sausages baked in batter & real ale gravy

- (V) THREE CHEESE
MAC 'N' CHEESE 9
w/ Cheddar, Stilton, Gruyere
& English mustard
- (VE) KALE, PEPPER & SPRING
ONION HASH 9
Add fried egg 1



BURGERS

Our fabulous burgers are served w/ salad garnish, special sauce & fries

ULTIMATE BURGER 18
2 burgers, bacon, cheese, fried egg, frickles, onion rings, lettuce, tomato & burger sauce in a brioche bun

MAC 'N' CHEESE BURGER 16
100% ground steak burger, bacon, mac 'n' cheese patty, lettuce & tomato in a brioche bun

BEEF BURGER 12
Brioche bun w/ 100% ground steak

(V) HALLOUMI & PEPPER 11
Ciabatta slipper w/ sweet chilli sauce

BUTTERMILK CHICKEN 13
Ciabatta slipper w/ bacon, lettuce & maple syrup

FISH BURGER 12
Ciabatta slipper w/ gem lettuce & choice of tartare sauce or ketchup or both!

Add cheese 1 Add bacon 1

Upgrade to sweet potato fries or fat chips for 1.5

(V) SIDES

Julienne fries | Seasonal salad
Creamy mash | 'Course' slaw
Onion rings | Seasonal greens
Sauté potatoes

Each side 3.5 | Any three for 9

(V) MUST TRY SIDES

Sweet Potato Fries | Fat chips
Mac 'n' cheese bites w/ mustard mayo | Gem wedge caesar side
Each side 4.5 | Any three for 12

LARGER PLATES

SHORT RIB OF BEEF 16
Slow-cooked rib of beef in sticky BBQ sauce w/ 'coarse' slaw, onion rings & fries

TOMAHAWK OF PORK 16.5
w/ seasonal greens & apple butter sauce

BUTTERMILK CHICKEN 13
w/ bacon, sweetcorn cobbettes, maple syrup & fries

SCAMPI, PEAS & FRIES 14
w/ homemade tartare sauce

LAMB TAGINE 16.5
w/ herbed couscous & lemon dressing

HAM, EGG & CHIPS 12
Homecooked ham, fat chips, fried egg & peas

PIE OF THE DAY 14
Your server will tell you all about today's pie w/ seasonal greens & mashed potato

FISH & CHIPS 15
Beer battered cod & fat chips w/ mushy peas & tartare sauce



Each time you order a Fish & Chips we make a donation of £1 to Giving Africa

STEAKS

200g SIRLOIN STEAK 20

200g BUTCHER'S STEAK 19
All steaks are served w/ mushroom, plum tomato, fries and your choice of peppercorn sauce, béarnaise sauce or garlic butter

100g STEAK, EGG & CHIPS 15
w/ fat chips, crispy free range egg & peas



CATCH OF THE DAY

Your server will tell you all about today's catch *Priced daily*

DESSERTS

STRAWBERRY ETON MESS 6
A British classic w/ fresh double cream

NUTELLA GNOCCHI 6.5
Nutella filled mini doughnuts w/ vanilla ice cream

CHOCOLATE BROWNIE 6.5
w/ vanilla ice cream

BANANA CHOCOLATE SPLIT 6
Banana, Oreo biscuit, cream & grated frozen snickers

CRUMBLE OF THE DAY 6
Your server will tell you about today's crumble w/ custard & ice cream

VANILLA BAKED CHEESECAKE 6
Topped w/ summer berries

DESSERT SHARER 6
Three mini desserts perfect for sharing! mini tiffin bite, mini millionaire tart & a mini lemon tart

ICE CREAMS & SORBETS FROM CALLESTICK FARM, CORNWALL
Your server will tell you about today's scrumptious Cornish ice cream selection

2 scoops 3.5 | 3 scoops 5

BRITISH CHEESEBOARD 7 per person
Cornish Brie, Wensleydale, Clawson Stilton, Applewood Cheddar, cracker selection, grapes & today's Patchwork chutney



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www.thethreecompassaldenham.co.uk

Allergens: please speak to a member of our team if you would like to know about our ingredients. Our fish may contain bones, our game may contain shot & our nuts definitely contain nuts.

We do not apply any service charge to our bills and all tips go to the team.

HAVE YOU TRIED OUR SISTER PUBS?



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